



Oversea Health Concierge Booklet

Manulife Cambodia _ May 2026

This booklet is proudly created by **Manulife Cambodia** to support our valued customers in exploring suitable healthcare systems and specialized medical services abroad particularly in **Singapore, Malaysia and Vietnam.**

Please note that this booklet is intended as a guide and suggestion only, to help make your decision-making process easier and more informed.

Wishing you all the best on your healthcare journey!!!





International

Health Care Booklet

Singapore Hospital Service

Get to Know Singapore

Singapore is globally recognized as a premier healthcare hub, delivering world-class medical excellence supported by advanced technology, rigorous regulation, and highly skilled specialists. Its healthcare system is renowned for quality, safety, and efficiency, consistently ranking among the top globally for clinical outcomes and patient trust.

Travelers holding Cambodian passports are welcomed to Singapore and enjoy up to **30 days of visa-free** stay without the need for a tourist visa in 2025.

30 days of visa-free



Singapore

Health Care / Hospitals



Raffles Hospital

(Private Hospital)

- **Location:** North Bridge Road, Singapore (City Centre)
- **Specialties:** Health Screening, Orthopedics, Family Medicine, Oncology
- **Highlights:** Integrated **primary-to-specialist care**; strong corporate/expat base
- **Contact:** +65 6311 1111
- **Hospital Website:** <https://www.raffleshospital.com>

RafflesHospital
Singapore

A Partner of Manulife Cambodia

 Manulife



Raffles Medical Cambodia

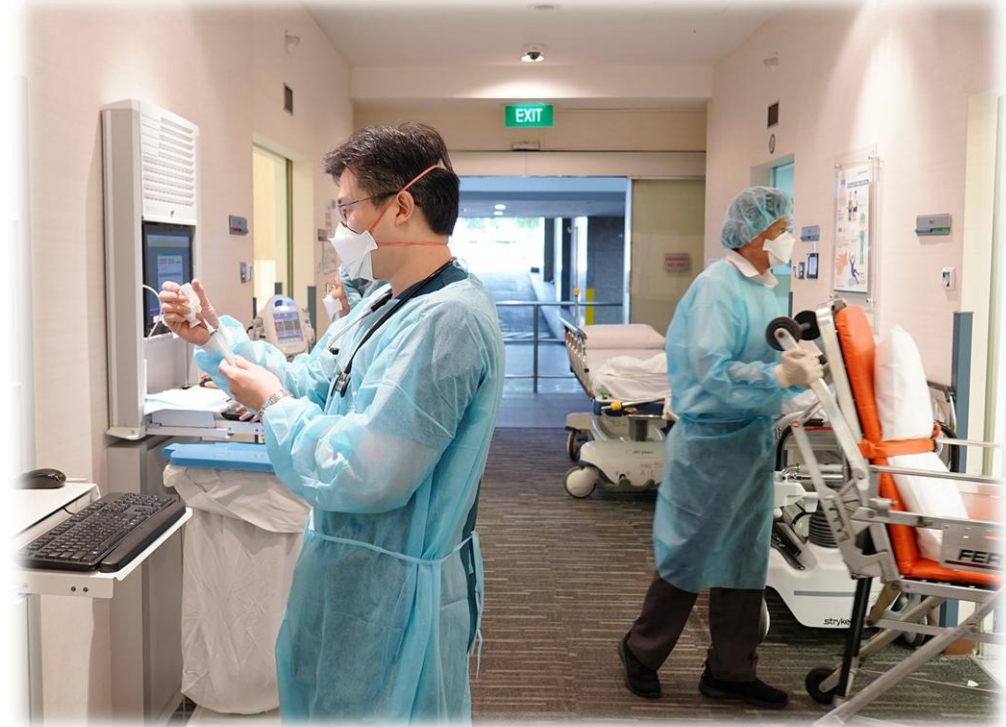
(Representative_Clinic)

- **Location:** Phnom Penh, Cambodia
- **Specialties:** General Medicine, Health Screening, Family Medicine, Vaccination, Corporate Healthcare, Preventive Care
- **Highlights:** Part of Raffles Medical Group (Singapore) – a trusted international healthcare brand. Provides international-standard primary care in Cambodia with access to referral pathways to Raffles Hospital Singapore for advanced treatment.
- **Contact:** (+855) 70919494 / (+855) 11219977
- **Hospital Website:** <https://rafflesmedical.com.kh/en/>

RafflesMedical

A Partner of Manulife Cambodia

 Manulife



Singapore General Hospital

(Public Hospital)

- **Location:** Outram Road, Singapore (Central)
- **Specialties:** Oncology, Cardiology, Organ Transplant, Trauma Care
- **Highlights:** Largest and oldest hospital; integrated with National Cancer Centre & Heart Centre; best for complex cases
- **Contact:** +65 6222 3322
- **Hospital Website:** <https://www.sgh.com.sg>



Singapore
General Hospital



National University Hospital

(Public Hospital)

- **Location:** Kent Ridge, Singapore (West)
- **Specialties:** Pediatrics, OB/GYN, Oncology, Neuroscience
- **Highlights:** Academic hospital (NUS); strong in research, family care, and innovation
- **Contact:** +65 6779 5555
- **Hospital Website:** <https://www.nuh.com.sg>



National University
Hospital



Tan Tock Seng Hospital

(Public Hospital)

- **Location:** Novena, Singapore (Central)
- **Specialties:** Infectious Diseases, Respiratory, Internal Medicine
- **Highlights:** Leader in infectious disease management; key role during pandemics
- **Contact:** +65 6256 6011
- **Hospital Website:** <https://www.ttsh.com.sg>



Mount Elizabeth Hospital

(Private Hospital)

- **Location:** Orchard Road & Novena, Singapore
- **Specialties:** Cardiology, Oncology, Orthopedics, Neurology
- **Highlights:** Premium hospital; top choice for medical tourists & expats
- **Contact:** +65 6737 2666 (Orchard)
- **Hospital Website:** <https://www.mountelizabeth.com.sg>



Gleneagles Hospital Singapore

(Private Hospital)

- **Location:** Napier Road, Singapore (Central)
- **Specialties:** Gastroenterology, Liver, Oncology, Cardiology
- **Highlights:** Strong in digestive & liver diseases; personalized care experience
- **Contact:** +65 6473 7222
- **Hospital Website:** <https://www.gleneagles.com.sg>



National Cancer Centre Singapore

(Public Specialist)

- **Location:** Outram Road (SGH Campus)
- **Specialties:** Oncology (Cancer Treatment)
- **Highlights:** Leading cancer center in Asia; advanced therapies & clinical trials & liver diseases; personalized care experience
- **Contact:** +65 6436 8000
- **Hospital Website:** <https://www.nccs.com.sg>



Landing in
Singapore



Going to Singapore!!!

Trip.com

One-way trip starts from USD 106~

Cheapest Included	Emirates ⚡ 🍴 📶 📺	20:45 KTI	2h Nonstop	23:45 SIN T1	US\$106	View Details
Included	Malaysia Airlines ⚡ 🍴 📶 📺	18:20 KTI	13h 45m 10h 40m in Kuala Lumpur	09:05⁺¹ SIN T2	US\$146	View Details

Round trip starts from USD 199~

Cheapest Included	Emirates ⚡ 🍴 📶 📺	20:45 KTI	2h Nonstop	23:45 SIN T1	US\$199 Exclusive fare Round-trip	Select
Included	Malaysia Airlines ⚡ 🍴 📶 📺	18:20 KTI	4h 50m 1h 55m in Kuala Lumpur	00:10⁺¹ SIN T2	US\$267 Round-trip	Select

Traveling in Singapore!!!

Exchange Rate

1 USD = 1.27 SGD (Singapore Dollar)

1,000 KHR = 0.32 SGD

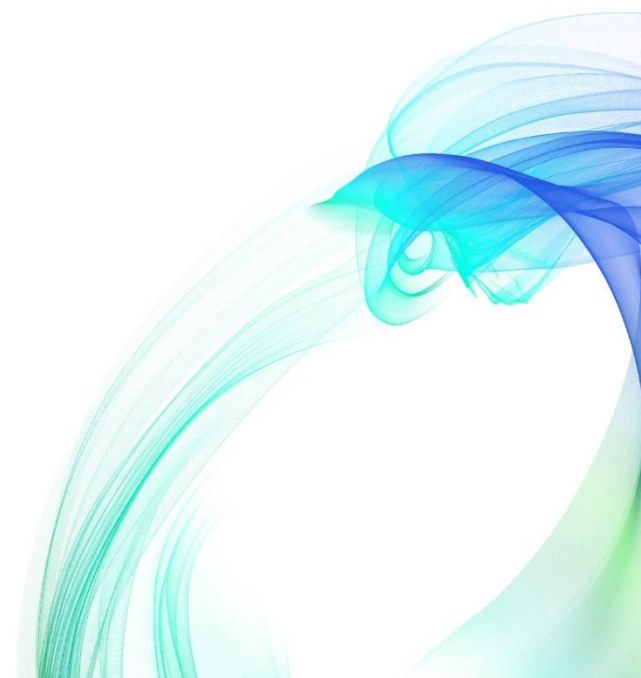
Taxi & Traveling App



Average Hotel Rate

Hotel Category	Low Season	Peak Season	Typical Range
Budget (1–2 stars)	\$50–\$100	\$80–\$150	Hostels & basic hotels from \$30/night
Mid-range (3–4 stars)	\$100–\$180	\$150–\$250	Comfortable private rooms with amenities
Luxury (5 stars)	\$250–\$400	\$300–\$500+	Premium hotels & world-class service

We wish you the best experience in **Singapore!**





International

Health Care Booklet

Malaysia Hospital Service

Get to Know Malaysia

Malaysia is increasingly recognized as a **regional leader in healthcare**, offering a unique blend of affordability, quality, and innovation. Malaysia's healthcare system is **internationally lauded** for its efficiency, accessibility, and affordability. It ranks **5th globally** for best care for medical tourists and **3rd globally** in public trust in healthcare systems

Travelers holding Cambodian passports are welcomed to Malaysia and enjoy up to **30 days of visa-free** stay without the need for a tourist visa in 2025.

30 days of visa-free



Malaysia

Health Care / Hospitals



Sunway Medical Centre

(Subang Jaya)

- **Location:** NO. 5, JALAN LAGOON SELATAN, BANDAR SUNWAY, SUBANG JAYA SELANGOR.
- **Specialties:** Cardiology, Oncology, Orthopedics, Nephrology, Neurology
- **Highlights:** Known for advanced cancer care, kidney treatments, and heart surgery. Offers cutting-edge technology and personalized care.
- **Contact:** +603 7491 9191
- **Hospital Website:** <https://www.sunwaymedical.com/en/>

SUNWAY
MEDICAL CENTRE
Sunway City Kuala Lumpur



Sunway Medical Centre

(Phnom Penh Office)

- **Launch Date:** July 15th, 2025
- **Location:** 5 WAT KOH ST. (81), PHNOM PENH
- **Contact:** 096 929 2921
- **Facebook Page:** [Facebook](#)



Prince Court Medical Centre

- **Location:** NO. 39, JALAN KIA PENG, KUALA LUMPUR
- **Specialties:** Cardiology, Oncology, Orthopedics, Neurosurgery
- **Highlights:** Offers luxurious facilities and high-end care. Popular among international patients for joint replacements and cancer care.
- **Contact:** +601 2290 3814
- **Hospital Website:** [Prince Court Medical Centre](#)



Pantai Hospital Kuala Lumpur

- **Location:** BLOCK A, JALAN BUKIT PANTAI, KUALA LUMPUR
- **Specialties:** Oncology, Orthopedics, Maternity Care, Neurosurgery
- **Highlights:** Known for cancer treatment and maternity services. Offers advanced surgical procedures.
- **Contact:** +603 2296 0888
- **Hospital Website:** [Pantai Hospital Kuala Lumpur](#)



Hospital Kuala Lumpur (HKL)

- **Location:** JALAN PAHANG, WILAYAH PERSEKUTUAN, KUALA LUMPUR.
- **Specialties:** Cardiology, Trauma & Emergency, Neurosurgery, Burns & Plastic Surgery
- **Highlights:** Malaysia's largest **public hospital** and a key teaching institution. Handles complex and emergency cases.
- **Contact:** 03-2615 5555
- **Hospital Website:** [Official Website Hospital Kuala Lumpur](#)



IKLAN JAWATAN RASMI DIBUKA

HOSPITAL KUALA LUMPUR



Subang Jaya Medical Centre

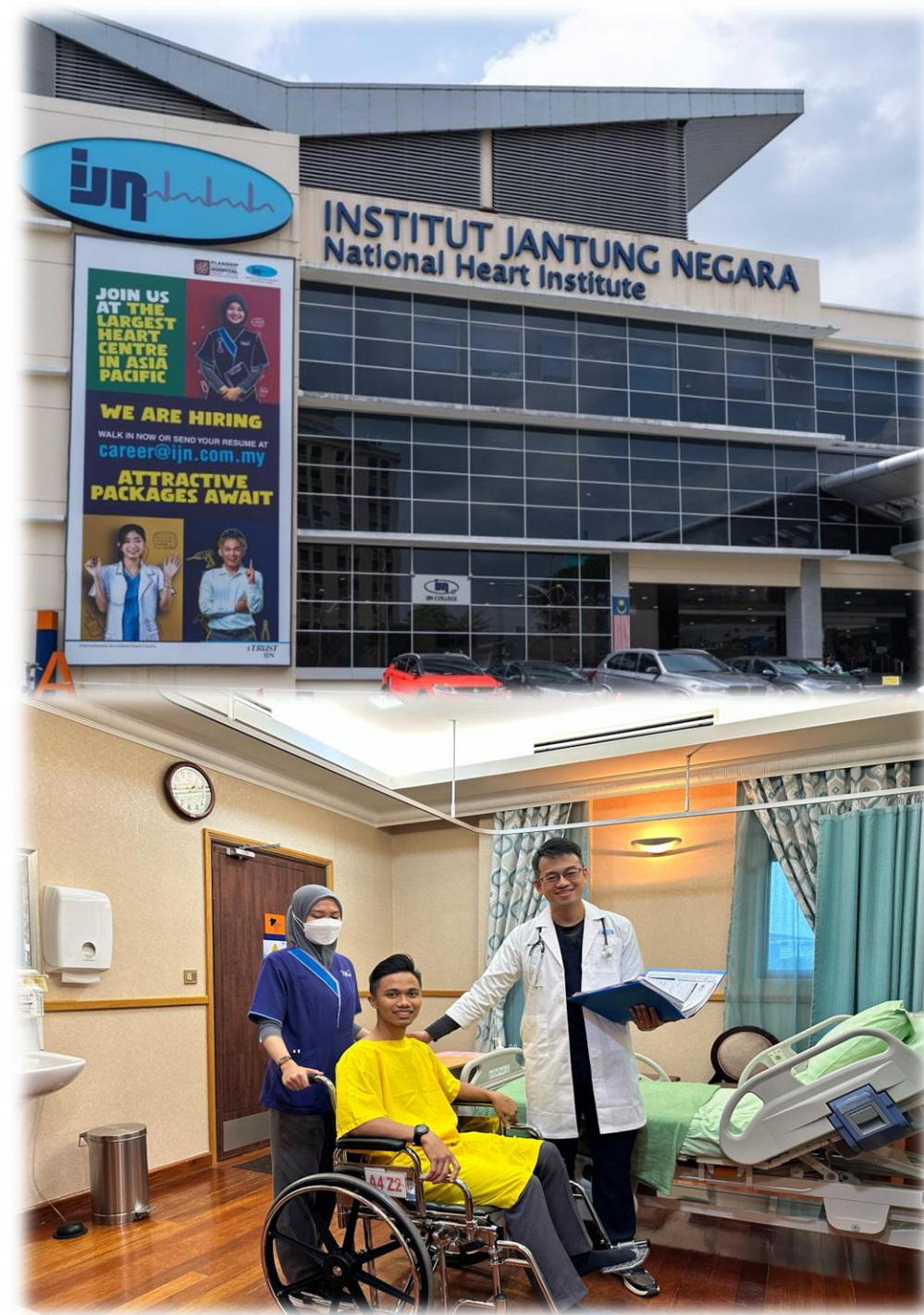
- **Location:** NO. 1, JALAN SS 12/1A, SUBANG JAYA, SELANGOR
- **Specialties:** Cardiology, Oncology, Pediatrics, Orthopedics
- **Highlights:** Renowned for cancer treatment, heartcare, and pediatric services. Offers comprehensive diagnostic and surgical facilities.
- **Contact:** +603 5639 1818
- **Hospital Website:** <https://subangjayamedicalcentre.com/>



National Heart Institute

(Institut Jantung Negara – IJN)

- **Location:** WILAYAH PERSEKUTUAN, KUALA LUMPUR, MALAYSIA
- **Specialty:** Cardiology
- **Highlights:** Malaysia’s leading heart hospital, specializing in cardiac surgery, rehabilitation, and diagnostics.
- **Contact:** +603 2617 8200
- **Hospital Website:** <https://www.ijn.com.my/>



Island Hospital – Penang

- **Location:** 308, JLN MACALISTER, 10450 GEORGE TOWN, PULAU PINANG, MALAYSIA
- **Specialties:** Oncology, Cardiology, Gastroenterology, General Surgery
- **Highlights:** A top choice In northern Malaysia, especially for international patients seeking cancer and heart care.
- **Contact:** +604 238 3333
- **Hospital Website:** <https://islandhospital.com/>



Gleneagles Hospital Kuala Lumpur

- **Location:** KAMPUNG BEREMBANG, KUALA LUMPUR
- **Specialties:** Cardiology, Neurology, Obstetrics & Gynecology, Surgery
- **Highlights:** Offers open-heart surgery, stroke treatment, and maternal care. Highly rated for surgical excellence and patient satisfaction.
- **Contact:** +603 4141 3000
- **Hospital Website:** [Gleneahles Hospital](#)



Still not sure where to go?

Health Care Assistance



Malaysia HealthCare Travel Council (MHTC)

connects international patients with Malaysia's top medical facilities, ensuring seamless access to affordable, expert care in one of the world's leading healthcare destinations.

An agency established under the purview of the Ministry of Health Malaysia with the mandate to position Malaysia as THE healthcare travel destination in the world.

Considering medical treatment in Malaysia but unsure where to start? Reach out to them today for expert guidance and support.

Website: [Contact Us - Malaysia Healthcare Travel Council \(MHTC\)](#)

Call Centre: +603 8776 6168 (Mon – Fri | 9:00AM-6:00PM)

WhatsApp: +601 8870 0100 (Mon – Fri | 9:00AM-6:00PM)

Location: Unit 13A-1, Level 13A, Block 2A, Plaza Sentral, Kuala Lumpur, Malaysia



World Pop Travel & Tour – Medical Check Up ay Malaysia

World Pop is a local travel and tour agency, specializing in organizing trip abroad. Recently, they just expand their service to medical support for their clients who want to get the medical service in Malaysia.

- Book Flight Service: 077 885 531 | 012 921 789
- Email: Ticketing@worldpoptravel.com
- Facebook Page: <https://m.me/worldpopticket>
- Telegram Direct: https://t.me/WPT_Ticketing_Naret
- Telegram Channel: <https://t.me/worldpoptravel>
- Location: <https://bit.ly/3yZHFZG>



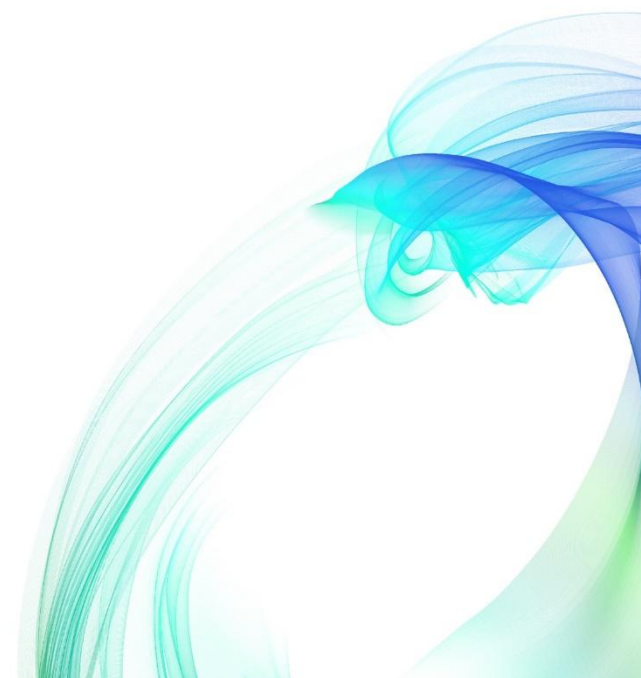
សេវាកម្មពិនិត្យសុខភាព និង ព្យាបាលជម្ងឺនៅប្រទេសម៉ាឡេស៊ី
Medical Check-Up at Malaysia

សេវាកម្ម ★

- ✈️ កក់សំបុត្រយន្តហោះ
- 🏥 កក់បន្ទប់សណ្ឋាគារ
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☎️ កក់ឥឡូវនេះ: 012 527 789 | 012 994 789

Landing in
Malaysia





Going to Malaysia!!!

Trip.com

One-way trip starts from USD 77~

Cheapest	 AirAsia Cambodia	07:30 PNH	1h 55m Direct	10:25 KUL T2	US\$77	Select >
Cheapest	 AirAsia Cambodia	09:50 PNH	1h 55m Direct	12:45 KUL T2	US\$77	Select >

Round trip starts from USD 126~

Cheapest	 AirAsia Cambodia	07:30 PNH	1h 55m Direct	10:25 KUL T2	US\$126 Return	Select
Cheapest	 AirAsia Cambodia	09:50 PNH	1h 55m Direct	12:45 KUL T2	US\$126 Return	Select

Traveling in Malaysia!!!

Exchange Rate

1 USD = 4.2 Malaysian Ringgit

1,000 KHR = 1 Malaysian Ringgit

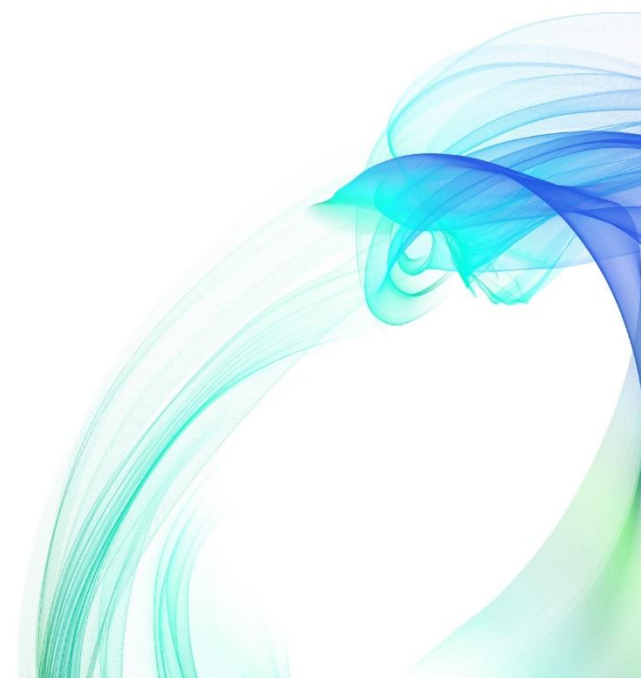
Taxi & Traveling App



Average Hotel Rate

Hotel Category	Low Season	Peak Season	Typical Range
Budget (1–2 stars)	\$14 – \$26	\$20 – \$35	Hostels from \$9/night
Mid-range (3–4 stars)	\$29 – \$54	\$42 – \$75	Comfortable private rooms
Luxury (5 stars)	\$69 – \$129	\$100 – \$220	Premium resorts & suites

We wish you the best experience in **MALAYSIA**





International

Health Care Booklet

Vietnam Hospital Service

Get to Know Vietnam

Vietnam's healthcare system has evolved significantly over the past few decades, transforming from a centralized public model into a dynamic mix of public and private providers. Today, Vietnam is recognized as an emerging destination for **affordable, high-quality medical care**, attracting both locals and international patients.

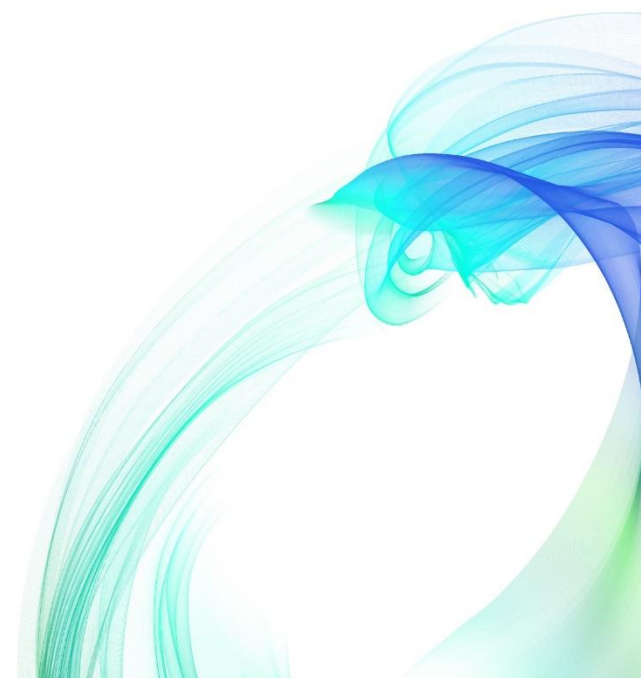
Travelers holding Cambodian passports are welcomed to Vietnam and enjoy up to **30 days of visa-free** stay without the need for a tourist visa in 2025.

30 days of visa-free



Vietnam

Health Care / Hospitals



FV Hospital

- **Location:** 6 Nguyen Luong Bang St., Tan My Ward, Ho Chi Minh City
- **Specialties:** Oncology (Hy Vọng Cancer Centre), Cardiology & Interventional Cardiology, Gastroenterology & Hepatology, General Surgery, Oral & Maxillofacial Surgery, Dental Surgery, Radiology, etc.
- **Highlights:** FV is known for its **multilingual support (English, French, Vietnamese)**, **VIP patient services**, and **state-of-the-art diagnostics and operating rooms**.
- **Contact:** +84 28 35 11 33 33
- **Hospital Website:** [FV Hospital - World Class Healthcare](https://www.fvhospital.com)



FV Hospital

(Phnom Penh Office)

- **Location:** 5th Floor, Legacy Business Center, Mao Tsetung Blvd, Near Chinese Embassy, Phnom Penh
- **Tel:** (+855) 23 211 777
- **Fax:** (+855) 23 222 542
- **Hotline:** (+855) 89 999 345
- **Website:** [PHNOM PENH, CAMBODIA - FV Hospital](#)



Van Hanh Hospital

- **Location:** 781/B1-B3-B5 Le Hong Phong Street, Ho Chi Minh City
- **Specialties:** Cardiology, Orthopedics, Neurology, Gastroenterology, Pediatrics, OB/GYN, ENT, Dermatology, Dentistry, Psychiatry, General Surgery, Rehabilitation, Preventive Care
- **Highlights:** Offers both general and specialized services under one roof. Services available in **English and Vietnamese**, making it accessible for international patients. Equipped with advanced diagnostic tools and comfortable patient rooms.
- **Contact:** +84 28 3863 2553
- **Hospital Website:** <https://benhvienvanhanh.com/>



Tam Anh General Hospital

- **Location:** 2B Pho Quang, Tan Son Hoa Ward, Ho Chi Minh City
- **Specialties:** Cardiology, Cardiothoracic Surgery, Orthopedics & Spine Surgery, Gastroenterology, Neurology & Neurosurgery, General Surgery, Diagnostic Imaging, Intensive Care, Neonatology, Infection Control, etc.
- **Highlights:** known for its **international-standard facilities, robotic surgery, and AI-assisted diagnostics.**
- **Contact:** (+84) 287 102 6789 / 93 180 6858
- **Hospital Website:** <https://tamanhhospital.vn/lien-he/>



Hoàn Mỹ Sài Gòn

- **Location:** 60-60A Phan Xich Long, Phu Nhuan District, HCMC
- **Specialties:** Cardiology, Neurology, General Surgery, Pediatrics, OB/GYN, Orthopedics, Emergency Medicine, Infectious Diseases, Clinical Laboratory Testing, Preventive Health Screening, etc.
- **Highlights:** Known for its **affordable, high-quality care** and **advanced medical technology**, including MRI, CT, DSA, and robotic surgery systems.
- **Contact:** +84 839 902 468
- **Hospital Website:** <https://hoanmysaigonhospital.com/>



Hoàn Mỹ Thủ Đức

- **Location:** 241 Quốc Lộ 1K, Quận Thủ Đức, Ho Chi Minh City
- **Specialties:** Cardiology, Neurology, Gastroenterology, Endocrinology, Orthopedics, Pediatrics, OB/GYN, General Surgery, Emergency Medicine, etc.
- **Highlights:** One of the newest and most advanced hospitals in the Hoàn Mỹ network. It offers **comprehensive inpatient and outpatient care** using cutting-edge equipment like **MRI 1.5 Tesla, 128-slice CT, and digital radiography.**
- **Contact:** +84 1900 0119
- **Hospital Website:** <https://hoanmy.com/thuduc/>



Xuyên Á General Hospital

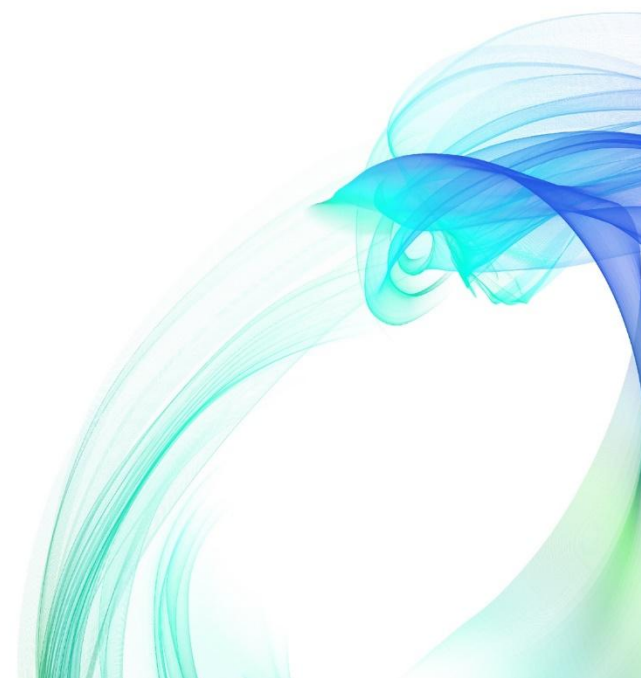
Multiple Branches, Near Cambodia Border

- **Location:** Long An Province/Tay Ninh/Cu Chi (Ho Chi Minh City)
- **Specialty:** Cardiology & Interventional Cardiology, General Surgery, Oncology, Endocrinology, Nephrology & Dialysis, Gastroenterology, Emergency Medicine, Diagnostic Imaging, etc.
- **Highlights:** Known for its affordable high-tech care, robotic testing systems, and minimally invasive surgeries such as laparoscopic procedures, spinal and brain surgery, and joint replacements
- **Contact:** +84 1800 9075
- **Hospital Website:** <https://bvxuyena.com.vn/>



Still not sure where to go?

Health Care Assistance



Trails of Indochina – Medical Care Assistance

Trails of Indochina's Concierge & Assistance provides clients with personalized solutions to last-minute requests including medical and non-medical assistance, and VIP services.

Website: [Concierge & Assistance | Trails of Indochina](#)

Hotline: +84 28 3811 4881

Email: assistance@trailsofindochina.com

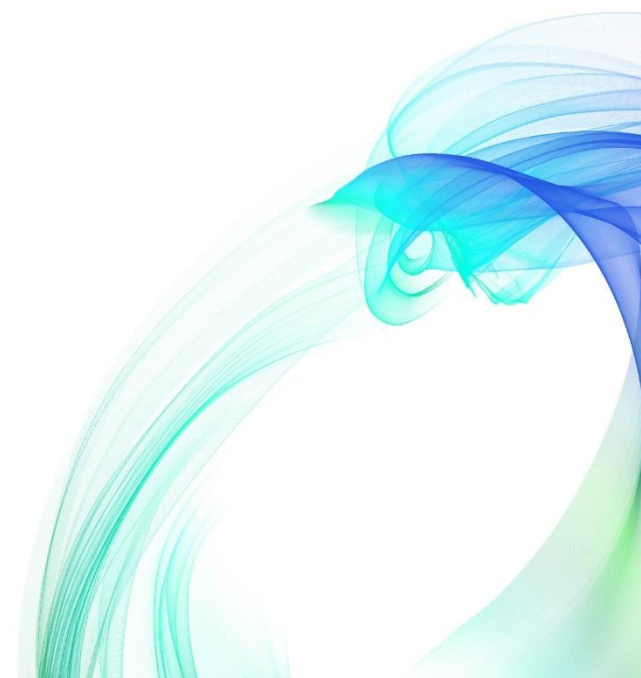
Travel Medical Emergency

- Arrange air and ground ambulance
- Provision of medical escort including doctors and nurses
- Guarantee of medical expenses
- Consular services for lost passport and emergency visa
- Airline liaison for emergency travel planning for client or family overseas, etc.



TRAILS OF INDOCHINA
Est. 1999

Landing in
Vietnam





Going to Vietnam!!!



Bus starts from USD 20~ each trip

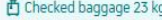

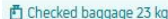

Phnom Penh to Ho Chi Minh Bus Timings & Fare

Bus Operator	First Bus	Last Bus	Duration	Lowest Fare	No of Services		
VET Airbus Express	04:30	15:45	5 hrs 52 mins	USD 28.00	22		BOOK TICKET
Danh Danh Express Bus	05:00	15:30	7 hrs 0 mins	USD 20.00	9		BOOK TICKET

Flight starts from USD 100~



Departing to Ho Chi Minh City *Last updated: 15:58:09 ⓘ

Recommended US\$95 · 55m	Direct First US\$95 · 55m	Cheapest US\$95 · 55m	More sorting options ▾	
Cheapest 				
 Air Cambodia	07:00 PNH	55m Direct	07:55 SGN T2	US\$95 Select >
				
 Vietnam Airlines	14:10 PNH	1h 5m Direct	15:15 SGN T2	US\$130 Select >

Traveling in Vietnam!!!

Exchange Rate

1 USD = 26,000 ~ VND

1,000 KHR = 6,560 ~ VND

Taxi & Traveling App



Average Hotel Rate

Hotel Category	Low Season	Peak Season	Typical Range
Budget (1–2 stars)	\$16–\$30	\$25–\$40	Dorm beds from \$7–\$10
Mid-range (3–4 stars)	\$32–\$60	\$58–\$100	Comfortable private rooms
Luxury (5 stars)	\$73–\$136	\$194–\$220	Premium amenities & service

We wish you the best experience in **Vietnam!!!**

